J.V. Team Camp Schedule

June 9-12

J.V. Teams Participating

Boise Rocky Mountain

Borah Eagle

Capital Mountain View

Skyview

Camp Itinerary

June 9, 2025 PM session 5:30 to 7:30 PM

at Skyview HS Skyview, Eagle, Rocky Mountain

at Capital HS Capital, Borah, Boise, Mountain View

Practice Schedule

5:30-5:45	Warm up in you	assigned area	on the field
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5:45-5:50 Water/ Talk about camp tempo

5:50-6:10 3 team rotation - Inside Run/ WR DB 1 on 1s

6:10-6:15 Water/ Transition

6:15-6:35 7v7/Lineman 1 on 1(or pods)

6:35-6:40 Water

6:40-7:25 3 Team Rotation Thud

7:25 Call-up meet with your team – clean-up your area

Camp Itinerary

June 10, 2025 PM session 5:30 to 7:30 PM

at Skyview HS Skyview, Borah, Boise

at Capital HS Capital, Rocky Mountain, Eagle

Practice Schedule

5:30-5:45	Warm up in your assigned area on the field
5:45-5:50	Water/ Talk about camp tempo
5:50-6:10	3 team rotation - Inside Run/ WR DB 1 on 1s
6:10-6:15	Water/ Transition
6:15-6:35	7v7/Lineman 1 on 1(or pods)
6:35-6:40	Water
6:40-7:25	3 Team Rotation Thud
7:25	Call-up meet with your team – clean-up your area

Camp Itinerary

June 11, 2025 PM session 5:30 to 7:30 PM

at Skyview HS Skyview, Rocky Mountain, Boise

at Capital HS Capital, Eagle, Borah

Practice Schedule

5:30-5:45	Warm up in your assigned area on the field
5:45-5:50	Water/ Talk about camp tempo
5:50-6:10	3 team rotation - Inside Run/ WR DB 1 on 1s
6:10-6:15	Water/ Transition
6:15-6:35	7v7/Lineman 1 on 1(or pods)
6:35-6:40	Water
6:40-7:25	3 Team Rotation Thud
7:25	Call-up meet with your team – clean-up your area

Camp Itinerary

June 12, 2025 PM session 5:30 to 7:30 PM

at Capital HS Battle of Champions

Rules:

- 1. Each team gets one drive that starts at the 25-yard line
- 2. A score = 6 points
- 3. Extra points are worth 1 point from the 5-yard line / 2 points from the 10-yard line.
- 4. To break a tie EACH team gets an opportunity from the 10-yard line.
- 5. 2nd overtime will be placed on the 10-yard line and there will be a coin toss for O/D assignment. Make it and win / Not make it and defensive team wins.

NORTH WIN LOSS

- 1) Boise
- 2) Borah
- 3) Capital

SOUTH WIN LOSS

- 1) Eagle
- 2) Rocky
- 3) Skyview

5:00-5:30 PM Arrive at Capital HS – warm-up your team

(PLEASE have your team ready to play by 5:30 PM)

5:30 – 7:30 PM Night of Champions

Game 1 FLD 1: Boise v. Borah FLD 2: Eagle v. Rocky

Game 2 FLD 1: Borah v. Capital FLD 2: Rocky v. Skyview

Game 3 FLD 1: Capital v. Boise FLD 2: Skyview v. Eagle

Game 4 FLD 1: 3rd N v. 3rd S FLD2: 2nd N v. 2nd S

Game 5 FLD 1: 1st N v. 1st S for the Camp Championship

*** Call-up meet with your team – <u>clean-up your area</u>