

# Varsity Football Camp Schedule

June 9-12

## Varsity Teams Participating

Boise

Borah

Capital

Skyview

Rocky Mountain

Mountain View

## Camp Itinerary

**June 9, 2025      AM session 10:00 to 12:00 PM**

at Rocky Mountain HS  
at Borah HS

Rocky Mountain, Skyview and Boise  
Borah, Capital, Mountain View

## Sample Practice

10:00-10:25	Warm up on your side
10:25-10:30	Water/ Talk about camp tempo/Thanks for working with us
10:30-10:45	Inside Run (3 team rotation) / WR DB 1 on1s
10:45-10:50	Water/ Transition
10:50-11:10	7v7/Lineman 1 on 1(or pods)
11:10-11:15	Water/ Transition JV From Grass to Turf
11:15-11:55	3 Team Rotation
11:55	Call-up meet with your team and get ready for evening session – clean-up your area

**June 9, 2025      PM session 5:30 to 8:00 PM**

**7 on 7      Rocky Mountain HS & Eagle HS      See separate schedule**

**BIG Man      Off the Field  
2204 E Lanark St Suite 100  
Meridian, ID 83642**

# Varsity Football Camp Schedule

June 9-12

**June 10, 2025      AM session 10:00 to 12:00 PM**

**at Rocky Mountain HS  
at Borah HS**

**Rocky Mountain and Capital  
Borah, Skyview and Boise**

## **Practice Schedule**

10:00-10:25	Warm up on your side
10:25-10:30	Water/ Talk about camp tempo/Thanks for working with us
10:30-10:45	Inside Run (Possible 3 team rotation) / WR DB 1 on1s
10:45-10:50	Water/ Transition
10:50-11:10	7v7/Lineman 1 on 1(or pods)
11:10-11:15	Water/ Transition JV From Grass to Turf
11:15-11:35	Team A Offense Thud
11:15-11:55	3 Team Site = 3 Tean Rotation
11:35-11:55	Team B Offense Thud
11:55	Call-up meet with your team and get ready for evening session – clean-up your area

**June 10, 2025      PM session 5:30 to 8:00 PM**

**7 on 7      Rocky Mountain HS & Eagle HS      See separate schedule**

**BIG Man      Off the Field  
2204 E Lanark St Suite 100  
Meridian, ID 83642**

# Varsity Football Camp Schedule

June 9-12

## June 11, 2025 (AM session)

at Rocky Mountain HS  
at Borah HS

Rocky Mountain, Skyview and Boise  
Borah and Capital

### Practice Schedule

10:00-10:25	Warm up on your side
10:25-10:30	Water/ Talk about camp tempo/Thanks for working with us
10:30-10:45	Inside Run (Possible 3 team rotation) / WR DB 1 on1s
10:45-10:50	Water/ Transition
10:50-11:10	7v7/Lineman 1 on 1(or pods)
11:10-11:15	Water/ Transition JV From Grass to Turf
11:15-11:35	Team A Offense Thud
11:15-11:55	3 Team Site = 3 Team Rotation
11:35-11:55	Team B Offense Thud
11:55	Call-up meet with your team and get ready for evening session – clean-up your area

## June 11, 2025 PM session 5:30 to 8:00 PM

at Rocky Mountain HS All Varsity Teams

### Jamboree session

5:30-6:00 PM	Team Warm-up
6:00-6:20 PM	FLD 1: Rocky v. Capital FLD 2: Borah v. Boise
6:30-6:50 PM	FLD 1: Boise v. Rocky FLD 2: Capital v. Skyview
7:00-7:20 PM	FLD 1: Skyview v. Boise FLD 2: Rocky v. Borah
7:30-7:50 PM	FLD 1: Borah v. Skyview FLD 2: Boise v. Capital
8:00-8:20 PM	FLD 1: Capital v. Borah FLD 2: Skyview v. Rocky

# Varsity Football Camp Schedule

June 9-12

## June 12, 2025 (AM session)

at Rocky Mountain HS  
at Borah HS

Capital, Skyview and Boise  
Borah and Rocky Mountain

### Practice Schedule

10:00-10:25	Warm up on your side
10:25-10:30	Water/ Talk about camp tempo/Thanks for working with us
10:30-10:45	Inside Run (Possible 3 team rotation) / WR DB 1 on1s
10:45-10:50	Water/ Transition
10:50-11:10	7v7/Lineman 1 on 1(or pods)
11:10-11:15	Water/ Transition JV From Grass to Turf
11:15-11:35	Team A Offense Thud
11:15-11:55	3 Team Site = 3 Team Rotation
11:35-11:55	Team B Offense Thud
11:55	Call-up meet with your team and get ready for evening session – clean-up your area

# Varsity Football Camp Schedule

June 9-12

June 12, 2025      PM session 5:30 to 8:00 PM

at Rocky Mountain HS      All Varsity Teams

## Night of Champions

### Rules:

1. Each team gets one drive that starts at the 25-yard line
2. A score = 6 points
3. Extra points are worth 1 point from the 5-yard line / 2 points from the 10-yard line.
4. To break a tie EACH team gets an opportunity from the 10-yard line.
5. 2<sup>nd</sup> overtime will be placed on the 10-yard line and there will be a coin toss for O/D assignment. Make it and win / Not make it and defensive team wins.

<u>TEAM</u>	<u>WIN</u>	<u>LOSS</u>
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- 1) Rocky
- 2) Borah
- 3) Boise
- 4) Capital
- 5) Skyview

5:00-5:30 PM      Team Warm-up (All teams need to be ready to play at 5:30)

Game 1	FLD 1: Rocky v. Capital	Game 2	FLD 2: Borah v. Boise
Game 3	FLD 1: Boise v. Rocky	Game 4	FLD 2: Capital v. Skyview
Game 5	FLD 1: Skyview v. Boise	Game 6	FLD 2: Rocky v. Borah
Game 7	FLD 1: Borah v. Skyview	Game 8	FLD 2: Boise v. Capital
Game 9	FLD 1: Capital v. Borah	Game 10	FLD 2: Skyview v. Rocky