

# **ROCKY FOOTBALL 2025 FRESHMAN IN SEASON SCHEDULE**

## **Week 1 schedule**

**August 4-10**

**DEAD WEEK – NO TEAM ACTIVITIES**

**August 11**                      **1<sup>st</sup> Day of Practice**                      **4:00 – 6:00 PM**  
Helmets & Rocky Gear  
Def. Black Jersey / Off. White Jersey / QBS Purple Jersey

**August 12**                      **2<sup>nd</sup> Day of Practice**                      **4:00–6:00 PM**  
Helmets & Rocky Gear  
Def. Black Jersey / Off. White Jersey / QBS Purple Jersey

**August 13**                      **1<sup>st</sup> Day of School**  
**3<sup>rd</sup> Day of Practice**                      **4:00-5:30 PM**  
Helmets & Rocky Gear  
Def. Black Jersey / Off. White Jersey / QBS Purple Jersey  
**Parent Meeting w/Troy Rice**                      **6:00 PM**  
**RM Auditorium - MANDATORY**

**August 14**                      **4<sup>th</sup> Day of Practice**                      **4:00–6:00 PM**  
**½ Shell (Helmet & Shoulder Pads)**  
Def. Black Jersey / Off. White Jersey / QBS Purple Jersey

**August 15**                      **5<sup>th</sup> Day of Practice**                      **3:00-5:00 PM**  
**½ Shell (Helmet & Shoulder Pads)**  
Def. Black Jersey / Off. White Jersey / QBS Purple Jersey  
**Adult Night Out Auction**                      **5:30 PM**

**August 16**                      **6<sup>th</sup> Day of practice, Inter- Squad Scrimmage**                      **7:00-9:00 AM**

**August 17**                      **OFF**

## **Week 2 schedule**

**August 18**                      **7<sup>th</sup> Day of Practice**                      **4:00 – 6:00 PM**  
**½ Shell (Helmet & Shoulder Pads)**  
Def. Black Jersey / Off. White Jersey / QBS Purple Jersey

**August 19**                      **8<sup>th</sup> Day of Practice**                      **4:00–6:00 PM**  
**½ Shell (Helmet & Shoulder Pads)**  
Def. Black Jersey / Off. White Jersey / QBS Purple Jersey

## **ROCKY FOOTBALL 2025 FRESHMAN IN SEASON SCHEDULE**

|                         |                                                                                                                                                |                |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| August 20               | 9 <sup>th</sup> Day of Practice<br>½ Shell (Helmet & Shoulder Pads)<br>Def. Black Jersey / Off. White Jersey / QBS Purple Jersey               | 4:00 – 6:00 PM |
| August 21               | 10 <sup>th</sup> Day of Practice (Special Teams emphasis)<br>Helmets & Rocky Gear<br>Def. Black Jersey / Off. White Jersey / QBS Purple Jersey | 4:00–6:00 PM   |
| August 22               | TBD                                                                                                                                            |                |
| August 23               | OFF                                                                                                                                            |                |
| August 24               | OFF                                                                                                                                            |                |
| <b><u>Game Week</u></b> |                                                                                                                                                |                |
| August 25               | ½ Shell (Helmet & Shoulder Pads)<br>Def. Black Jersey / Off. White Jersey / QBS Purple Jersey                                                  | 4:00-6:00 PM   |
| August 26               | ½ Shell (Helmet & Shoulder Pads)<br>Def. Black Jersey / Off. White Jersey / QBS Purple Jersey                                                  | 4:00–6:00 PM   |
| August 27               | ½ Shell (Helmet & Shoulder Pads)<br>Def. Black Jersey / Off. White Jersey / QBS Purple Jersey                                                  | 4:00–6:00 PM   |
| August 28               | (H) vs. Kuna HS<br>Pregame schedule will be provided                                                                                           | 6:00 PM        |
| August 29               | Film and weight room                                                                                                                           | 3:15 PM        |