

# **ROCKY FOOTBALL 2025 FRESHMAN IN SEASON SCHEDULE**

**August 4-10**

**DEAD WEEK – NO TEAM ACTIVITIES**

|                  |                                                                                        |                       |
|------------------|----------------------------------------------------------------------------------------|-----------------------|
| <b>August 11</b> | <b>Freshman Team Pictures</b>                                                          | <b>9:30 AM</b>        |
|                  | <b>Concussion Baseline Testing – cafeteria</b>                                         | <b>1:00 PM</b>        |
|                  | <b>You must have this done to practice</b>                                             |                       |
|                  | <b>1<sup>st</sup> Day of Practice</b>                                                  | <b>4:00 – 6:00 PM</b> |
|                  | <ul style="list-style-type: none"><li>• <b>Be at the facility by 3:30 PM</b></li></ul> |                       |
|                  | <b>Helmets &amp; Rocky Gear</b>                                                        |                       |
|                  | <b>Def. Black Jersey / Off. White Jersey / QBS Purple Jersey</b>                       |                       |
| <b>August 12</b> | <b>2<sup>nd</sup> Day of Practice</b>                                                  | <b>4:00–6:00 PM</b>   |
|                  | <b>Helmets &amp; Rocky Gear</b>                                                        |                       |
|                  | <b>Def. Black Jersey / Off. White Jersey / QBS Purple Jersey</b>                       |                       |
| <b>August 13</b> | <b>1<sup>st</sup> Day of School</b>                                                    |                       |
|                  | <b>3<sup>rd</sup> Day of Practice</b>                                                  | <b>4:00-5:30 PM</b>   |
|                  | <b>Helmets &amp; Rocky Gear</b>                                                        |                       |
|                  | <b>Def. Black Jersey / Off. White Jersey / QBS Purple Jersey</b>                       |                       |
|                  | <b>Parent Meeting w/Troy Rice</b>                                                      | <b>6:00 PM</b>        |
|                  | <b>RM Auditorium - <u>MANDATORY</u></b>                                                |                       |
| <b>August 14</b> | <b>4<sup>th</sup> Day of Practice</b>                                                  | <b>4:00–6:00 PM</b>   |
|                  | <b>½ Shell (Helmet &amp; Shoulder Pads)</b>                                            |                       |
|                  | <b>Def. Black Jersey / Off. White Jersey / QBS Purple Jersey</b>                       |                       |
| <b>August 15</b> | <b>5<sup>th</sup> Day of Practice</b>                                                  | <b>3:00-5:00 PM</b>   |
|                  | <b>½ Shell (Helmet &amp; Shoulder Pads)</b>                                            |                       |
|                  | <b>Def. Black Jersey / Off. White Jersey / QBS Purple Jersey</b>                       |                       |
|                  | <b>Adult Night Out Auction</b>                                                         | <b>5:30 PM</b>        |
| <b>August 16</b> | <b>6<sup>th</sup> Day of practice, Inter- Squad Scrimmage</b>                          | <b>7:00-9:00 AM</b>   |
| <b>August 17</b> | <b>OFF</b>                                                                             |                       |
| <b>August 18</b> | <b>7<sup>th</sup> Day of Practice</b>                                                  | <b>4:00 – 6:00 PM</b> |
|                  | <b>½ Shell (Helmet &amp; Shoulder Pads)</b>                                            |                       |
|                  | <b>Def. Black Jersey / Off. White Jersey / QBS Purple Jersey</b>                       |                       |
| <b>August 19</b> | <b>8<sup>th</sup> Day of Practice</b>                                                  | <b>4:00–6:00 PM</b>   |
|                  | <b>½ Shell (Helmet &amp; Shoulder Pads)</b>                                            |                       |
|                  | <b>Def. Black Jersey / Off. White Jersey / QBS Purple Jersey</b>                       |                       |

## **ROCKY FOOTBALL 2025 FRESHMAN IN SEASON SCHEDULE**

|                         |                                                                                                                                                |                |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| August 20               | 9 <sup>th</sup> Day of Practice<br>½ Shell (Helmet & Shoulder Pads)<br>Def. Black Jersey / Off. White Jersey / QBS Purple Jersey               | 4:00 – 6:00 PM |
| August 21               | 10 <sup>th</sup> Day of Practice (Special Teams emphasis)<br>Helmets & Rocky Gear<br>Def. Black Jersey / Off. White Jersey / QBS Purple Jersey | 4:00–6:00 PM   |
| August 22               | TBD                                                                                                                                            |                |
| August 23               | OFF                                                                                                                                            |                |
| August 24               | OFF                                                                                                                                            |                |
| <b><u>Game Week</u></b> |                                                                                                                                                |                |
| August 25               | ½ Shell (Helmet & Shoulder Pads)<br>Def. Black Jersey / Off. White Jersey / QBS Purple Jersey                                                  | 4:00-6:00 PM   |
| August 26               | ½ Shell (Helmet & Shoulder Pads)<br>Def. Black Jersey / Off. White Jersey / QBS Purple Jersey                                                  | 4:00–6:00 PM   |
| August 27               | ½ Shell (Helmet & Shoulder Pads)<br>Def. Black Jersey / Off. White Jersey / QBS Purple Jersey                                                  | 4:00–6:00 PM   |
| August 28               | (A) vs. Kuna HS<br>Pregame schedule will be provided                                                                                           | 6:00 PM        |
| August 29               | Film and weight room                                                                                                                           | 3:15 PM        |