

ROCKY FOOTBALL 2025 VARSITY IN SEASON SCHEDULE

Week 1 schedule

August 4-10

DEAD WEEK – NO TEAM ACTIVITIES

August 11	Varsity Team Pictures	7:00 AM
	Concussion Baseline Testing - cafeteria	12:00 PM
	Anyone on the game day Varsity Roster	
	This is mandatory and it must be completed for you to practice	
	Weight Room Monday's & Wednesday's	3:00–3:30 PM
	1 st Day of Practice	4:00 – 6:00 PM
	Helmets & Rocky Gear	
	Def. Black Jersey / Off. White Jersey / QBS Purple Jersey	
August 12	2 nd Day of Practice	4:00–6:00 PM
	Helmets & Rocky Gear	
	Def. Black Jersey / Off. White Jersey / QBS Purple Jersey	
August 13	1 st Day of School	
	Weight Room Monday's & Wednesday's	3:00–3:30 PM
	3 rd Day of Practice	4:00-5:30 PM
	Helmets & Rocky Gear	
	Def. Black Jersey / Off. White Jersey / QBS Purple Jersey	
	Parent Meeting w/Troy Rice	6:00 PM
	RM Auditorium - <u>MANDATORY</u>	
August 14	4 th Day of Practice	4:00–6:00 PM
	½ Shell (Helmet & Shoulder Pads)	
	Def. Black Jersey / Off. White Jersey / QBS Purple Jersey	
August 15	5 th Day of Practice	3:00-5:00 PM
	½ Shell (Helmet & Shoulder Pads)	
	Def. Black Jersey / Off. White Jersey / QBS Purple Jersey	
	Adult Night Out Auction	5:30 PM
August 16	6 th Day of practice, Inter- Squad Scrimmage	7:00-9:00 AM
August 17	OFF	

Week 2 schedule

August 18	Weight Room Monday's & Wednesday's	3:00–3:30 PM
	7 th Day of Practice	4:00 – 6:00 PM
	½ Shell (Helmet & Shoulder Pads)	
	Def. Black Jersey / Off. White Jersey / QBS Purple Jersey	

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August 19	8 th Day of Practice ½ Shell (Helmet & Shoulder Pads) Def. Black Jersey / Off. White Jersey / QBS Purple Jersey	4:00–6:00 PM
August 20	Weight Room Monday's & Wednesday's 9 th Day of Practice ½ Shell (Helmet & Shoulder Pads) Def. Black Jersey / Off. White Jersey / QBS Purple Jersey	3:00–3:30 PM 4:00 – 6:00 PM
August 21	10 th Day of Practice (Special Teams emphasis) Helmets & Rocky Gear Def. Black Jersey / Off. White Jersey / QBS Purple Jersey Film after practice	3:00–4:00 PM
August 22	Jamboree @ Borah • Rocky Mountain • Borah • Bishop Kelly • Kuna	4:30 PM
August 23	Weight Room Film by position	8:00-9:00 AM 9:00-9:45 AM
August 24	OFF	
<u>Game Week</u>		
August 25	Weight Room Monday ½ Shell (Helmet & Shoulder Pads) Def. Black Jersey / Off. White Jersey / QBS Purple Jersey	3:00–3:30 PM 4:00-6:00 PM
August 26	½ Shell (Helmet & Shoulder Pads) Def. Black Jersey / Off. White Jersey / QBS Purple Jersey	4:00–6:00 PM
August 27	Weight Room Monday's & Wednesday's ½ Shell (Helmet & Shoulder Pads) Def. Black Jersey / Off. White Jersey / QBS Purple Jersey	3:00–3:30 PM 4:00–6:00 PM
August 28	Helmets & Rocky Gear Def. Black Jersey / Off. White Jersey / QBS Purple Jersey	3:15–4:30 PM

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August 22

(H) vs. Orem H.S. – A game day schedule will be provided