

# Rocky Football Schedule 2026

Updated 2/29

March 2026						
SUN.	MON.	TUE.	WED.	THUR.	FRI.	SAT.
(1)	(2) OTF Training 5:50-6:50 AM	(3) OTF Training 5:50-6:50 AM or 3:00-4:00 PM	(4) <b>NO SCHOOL- Teacher Work Day</b>	(5) OTF Training 5:50-6:50 AM or 3:00-4:00 PM	(6) OTF Training 5:50-6:55 AM	(7)
(8)	(9) OTF Training 5:50-6:50 AM	(10) OTF Training 5:50-6:50 AM or 3:00-4:00 PM <b>Activity Night RMHS 6:00-8:00 PM</b>	(11)	(12) OTF Training 5:50-6:50 AM or 3:00-4:00 PM	(13) OTF Training 5:50-6:50 AM	(14) <b>Spring Break</b>
(15) <b>Spring Break</b>	(16) <b>Spring Break</b> OTF Training 7:30-8:30 AM @ OTF (OPTIONAL/MAKE-UPS)	(17) <b>Spring Break</b>	(18) <b>Spring Break</b> OTF Training 7:30-8:30 AM @ OTF (OPTIONAL/MAKE-UPS)	(19) <b>Spring Break</b>	(20) <b>Spring Break</b> OTF Training 7:30-8:30 AM @ OTF (OPTIONAL/MAKE-UPS)	(21) <b>Spring Break</b>
(22)	(23) OTF Training 5:50-6:50 AM	(24) OTF Training 5:50-6:50 AM or 3:00-4:00 PM	(25)	(26) OTF Training 5:50-6:50 AM or 3:00-4:00 PM	(27) OTF Training 5:50-6:50 AM	(28) <b>Install Mtg./Practice 7:30-9:30</b>
(29)	(30) OTF Training 5:50-6:50 AM	(31) OTF Training 5:50-6:50 AM or 3:00-4:00 PM				

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April 2026						
SUN.	MON.	TUE.	WED.	THUR.	FRI.	SAT.
			(1) Install Mtg./Practice 7:00-9:00 PM	(2) OTF Training 5:50-6:50 AM or 3:00-4:00 PM	(3)OTF Training 5:50-6:50 AM	(4)
(5)	(6) OTF Training 5:50-6:50 AM	(7) OTF Training 5:50-6:50 AM or 3:00-4:00 PM	(8)	(9) OTF Training 5:50-6:50 AM or 3:00-4:00 PM	(10) NO SCHOOL OTF Training 8:00-9:00 AM WSU COACHES CLINIC	(11) WSU COACHES CLINIC
(12)	(13) OTF Training 5:50-6:50 AM	(14) OTF Training 5:50-6:50 AM or 3:00-4:00 PM	(15)	(16) OTF Training 5:50-6:50 AM or 3:00-4:00 PM	(17) OTF Training 5:50-6:50 AM	(18) Install Mtg./Practice 7:30-9:30
(19)	(20) OTF Training 5:50-6:50 AM	(21) OTF Training 5:50-6:50 AM or 3:00-4:00 PM	(22)	(23) OTF Training 5:50-6:50 AM or 3:00-4:00 PM	(24) OTF Training 5:50-6:50 AM	(25) Install Mtg./Practice 7:30-9:30
(26)	(27) OTF Training 5:50-6:50 AM	(28) OTF Training 5:50-6:50 AM or 3:00-4:00 PM	(29)	(30) OTF Training 5:50-6:50 AM or 3:00-4:00 PM		

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May 2026						
SUN.	MON.	TUE.	WED.	THUR.	FRI.	SAT.
Off					(1) OTF Training 5:50-6:50 AM	(2) Install Mtg./Practice 7:30-9:30
(3) Off	(4) OTF Training 5:50-6:50 AM	(5) OTF Training 5:50-6:50 AM or 3:00-4:00 PM	(6)	(7) OTF Training 5:50-6:50 AM or 3:00-4:00 PM	(8) OTF Training 5:50-6:50 AM	(9) Install Mtg./Practice 7:30-9:30
(10) Off	(11) OTF Training 5:50-6:50 AM	(12) OTF Training 5:50-6:50 AM or 3:00-4:00 PM	(13)	(14) OTF Training 5:50-6:50 AM or 3:00-4:00 PM	(15) OTF Training 5:50-6:50 AM	(16)
(17) Off	(18)OTF Training 5:50-6:50 AM 3:00-5:00 Practice Gear Handout 5:30-8:30 PM	(19) Graduation No Practice	(20) Finals - Early Release  No Practice	(21) Finals - Early Release and last day of school No practice	(22)	(23)
(24) Off	(25) Memorial Day	(26) Weights/Install 7-10:00 AM	(27) Weights/Install 7-10:00 AM Cubs Camp 9-11 K-2 12-2:00 3-5	(28) Weights/Install 7-10:00 AM Cubs Camp 9-11 K-2nd 12-2:00 3-5th	(29) Off	(30)

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June 2026						
SUN.	MON.	TUE.	WED.	THUR.	FRI.	SAT.
	(1) Weights/Install 7-10:00 AM <b>7 on 7 4:00-7:00</b>	(2) Weights/Install 7-10:00 AM <b>FR Padded Practice 5:30-730 PM</b>	(3) Weights/Install 7-10:00 AM <b>FR Padded Practice 5:30-730 PM</b>	(4) Weights/Install 7-10:00 AM <b>FR Padded Practice 5:30-730 PM</b>	(5) Off	(6)
(7)	(8) Weights/Install 7-10:00 AM <b>7 on 7 4:00-7:00 Bishop K/ Capital FR Camp 5:30-730</b>	(9) Weights/Install 7-10:00 AM <b>FR Camp 5:30-730</b>	(10) Weights/Install 7-10:00 AM <b>FR Camp 5:30-730</b>	(11) Weights/Install 7-10:00 AM <b>FR Camp 5:30-730</b>	(12)	(13) <b>7 on 7 Tournament @ ISU</b>
(14)	(15) Weights/Install 7-10:00 AM <b>7 on 7 4:00-7:00 Meridian/Nampa</b>	(16) Weights/Install 7-10:00 AM	(17) Weights/Install 7-10:00 AM <b>Middle School Camp 6th-8th 6:00-8:00 PM stadium</b>	(18) Weights/Install 7-10:00 AM <b>Middle School Camp 6th-8th 6:00-8:00 PM</b>	(19)	(20)
(21)	(22) Weights/Install 7-10:00 AM <b>7 on 7 4:00-7:00</b>	(23) Weights/Install 7-10:00 AM <b>OL Big Man Camp 5:00-7:00 PM</b>	(24) Weights/Install 7-10:00 AM <b>OL Big Man Camp 5:00-7:00 PM</b>	(25) Weights/Install 7-10:00 AM	(26) OFF	(27)

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JULY 2026						
SUN.	MON.	TUE.	WED.	THUR.	FRI.	SAT.
(28) Off	(29) Weights/Install 7-10:00 AM <b>NO ACCESS TO GYMS OR WEIGHT ROOM</b> <b>7 on 7 4:00-7:00</b>	(30 ) Weights/Install 7-10:00 AM <b>NO ACCESS ROOM TO GYMS OR WEIGHT ROOM</b> <b>Padded V/JV Practice #1 Time TBD</b>	(1) Weights/Install 7-10:00 AM <b>NO ACCESS TO GYMS OR WEIGHT ROOM</b> <b>V/JV Padded Practice #2 Time TBD</b>	(2) Weights/Install 7-10:00 AM <b>NO ACCESS TO GYMS OR WEIGHT ROOM</b> <b>V/JV Padded Practice #Time TBD</b>	(3) Off	(4) 4th of July
(5) Off	(6) <b>EOU FB Camp (Grades 10-12)</b> <b>NO ACCESS TO GYMS OR WEIGHT ROOM</b>	(7) <b>EOU FB Camp (Grades 10-12)</b> <b>NO ACCESS TO GYMS OR WEIGHT ROOM</b>	(8) <b>EOU FB Camp (Grades 10-12)</b> <b>NO ACCESS TO GYMS OR WEIGHT ROOM</b>	(9) <b>EOU FB Camp (Grades 10-12)</b> <b>NO ACCESS TO GYMS OR WEIGHT ROOM</b>	(10) Off	(11) Off
(12) Off	(13) <b>NO ACCESS TO GYMS OR WEIGHT ROOM</b> Weights/Install 7-10:00 AM <b>7 on 7 4:00-7:00</b>	(14) <b>NO ACCESS TO GYMS OR WEIGHT ROOM</b> Weights/Install 7-10:00 AM	(15) <b>NO ACCESS TO GYMS OR WEIGHT ROOM</b> Weights/Install 7-10:00 AM	(16) <b>NO ACCESS TO GYMS OR WEIGHT ROOM</b> Weights/Install 7-10:00 AM	(17) Off	(18) Off
(19) Off	(20) Weights/Install 7-10:00 AM <b>7 on 7 4:00-7:00</b> <b>Columbia/Skyview/Boise All 3 Levels</b>	(21) Weights/Install 7-10:00 AM	(22) Weights/Install 7-10:00 AM	(23) Weights/Install 7-10:00 AM	(24) Off	(25) Off
(26) Off	(27) <b>Night of Champions @ OTF</b>	(28) <b>Night of Champions @ OTF</b>	(29) <b>Night of Champions @ OTF</b>	(30) <b>Team Builder-Gowen Field (National Guard)</b>	(31) Off	(1) Off

# Rocky Football Schedule 2026

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AUGUST 2026						
SUN.	MON.	TUE.	WED.	THUR.	FRI.	SAT.
(2) Off	(3) <b>IHSAA No Contact Period - No practice or weight room!</b> Tub	(4) <b>IHSAA No Contact Period - No practice or weight room!</b>	(5) <b>IHSAA No Contact Period - No practice or weight room!</b>	(6) <b>IHSAA No Contact Period - No practice or weight room!</b>	(7) <b>IHSAA No Contact Period - No practice or weight room!</b>	(8) <b>IHSAA No Contact Period - No practice or weight room!</b>
(9) <b>IHSAA No Contact Period - No practice or weight room!</b>	(10) <b>Official Practice Begins/ Doubles 5:50 -7:20 AM and 3:15-5:45 PM</b>  <b>*Meeting Times TBD</b>	(11) <b>Doubles 5:50 -7:20 AM and 3:15-5:45 PM</b>  *Meeting Times TBD *Weight Room TBD	(12) <b>1st Day School</b>  <b>Doubles 5:50 -7:20 AM and 3:15-5:45 PM</b>  *Meeting Times TBD	(13) <b>Doubles 5:50 -7:20 AM and 3:15-5:45 PM</b>  *Meeting Times TBD *Weight Room TBD	(14) <b>Practice 3:15-5:45 PM</b>  *Meeting Times TBD	(15) <b>10:00-12:00 Black/White Scrimmage/ New Grizzly introductions</b> <b>Parents Night Out</b>
(16) Off	(17) Practice/Film TBD	(18) Practice/Film TBD	(19) Practice/Film TBD	(20) Practice/Film TBD	(21) <b>V Jamboree-Home 4:30 PM</b> <b>BK Kuna Borah</b> <b>FR/JV TBD</b>	(22)
(23) Off	(24) Practice/Film TBD	(25) Practice/Film TBD	(26) Practice/Film TBD	(27) V Practice 3:45-6:00 <b>JV vs. Owyhee 6:00</b> <b>FR @ Owyhee 6:00</b>	(28) FR/JV TBD V Walk through and stickers TBA <b>Varsity Game vs. 7:00 @ Owyhee</b>	(29)

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## September 2026

(30) Off	(31) <b>Labor Day-No School</b> 4:30 Film 5:45-7:45 PM Practice	(1) Practice/Film TBD	(2) Practice/Film TBD	(3) V Practice 3:45-6:00 <b>JV @ Mt. View</b> FR TBD	(4) FR/JV TBD <b>Varsity Game</b> <b>Northwest</b> <b>Showdown</b> <b>7:00 vs. Puyallup</b>	(5)
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