

# Rocky Football Schedule 2026

Updated 5/31

June 2026						
SUN.	MON.	TUE.	WED.	THUR.	FRI.	SAT.
	(1) Weights/Install 7-10:00 AM <b>Install/7 on 7 5:30-7:00</b>	(2) Weights/Install 7-10:00 AM <b>FR Padded Practice 5:30-730 PM</b>	(3) Weights/Install 7-10:00 AM <b>FR Padded Practice 5:30-730 PM</b>	(4) Weights/Install 7-10:00 AM <b>FR Padded Practice 5:30-730 PM (Dinner after!)</b>	(5) Off	(6)
(7)	(8) Weights/Install 7-10:00 AM <b>7 on 7 5:00-7:00 Bishop K/ Capital FR Camp 5:30-730</b>	(9) Weights/Install 7-10:00 AM <b>FR Camp 5:30-730</b>	(10) Weights/Install 7-10:00 AM <b>FR Camp 5:30-730</b>	(11) Weights/Install 7-10:00 AM <b>FR Camp 5:30-730</b>	(12)	(13) <b>7 on 7 Tournament @ ISU</b>
(14)	(15) Weights/Install 7-10:00 AM <b>7 on 7 JV/V 5:00-7:00 Meridian/Nampa</b>	(16) Weights/Install 7-10:00 AM	(17) Weights/Install 7-10:00 AM <b>Middle School Camp 6th-8th 6:00-8:00 PM stadium</b>	(18) Weights/Install 7-10:00 AM <b>Middle School Camp 6th-8th 6:00-8:00 PM</b>	(19)	(20)
(21)	(22) Weights/Install 7-10:00 AM <b>7 on 7 Timberline FR/JV/V 5:30-7:00</b>	(23) Weights/Install 7-10:00 AM <b>OL/TE Big Man Camp 5:00-7:00 PM</b>	(24) Weights/Install 7-10:00 AM <b>OL/TE Big Man Camp 5:00-7:00 PM</b>	(25) Weights/Install 7-10:00 AM	(26) OFF	(27)

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JULY 2026						
SUN.	MON.	TUE.	WED.	THUR.	FRI.	SAT.
(28) Off	(29)Day of Champions @ OTF Install/7 on 7 5:30-7:00 NO ACCESS TO GYMS	(30 )Day of Champions@ OTF Padded V/JV Practice #1 4:00-6:30 PM NO ACCESS TO GYMS	(1)Day of Champions @ OTF V/JV Padded Practice #2 4:00-6:30 PM NO ACCESS TO GYMS	(2)Weights/Install7-10:00 AM TBD NO ACCESS TO GYMS V/JV Padded Practice #3 4:00-6:30 PM	(3) Off	(4) 4th of July
(5) Off	(6) EOU FB Camp (Grades 10-12) NO ACCESS TO GYMS	(7) EOU FB Camp (Grades 10-12) NO ACCESS TO GYMS	(8) EOU FB Camp (Grades 10-12) NO ACCESS TO GYMS	(9) EOU FB Camp (Grades 10-12) NO ACCESS TO GYMS	(10) Off	(11) Off
(12) Off	(13) NO ACCESS TO GYMS Weights/Install 7-10:00 AM TBD Install/7 on 7 5:30-7:00	(14) NO ACCESS TO GYMS Weights/Install 7-10:00 AM TBD	(15) NO ACCESS TO GYMS Weights/Install 7-10:00 AM TBD 7 on 7 @ Eagle 10:00 AM V and JV	(16) NO ACCESS TO GYMS Weights/Install 7-10:00 AM TBD	(17) Off	(18) Off
(19) Off	(20) Weights/Install 7-10:00 AM 7 on 7 4:00-7:00 Columbia/Skyview/Boise	(21) Weights/Install 7-10:00 AM	(22) Weights/Install 7-10:00 AM Media Day/SR Photos- AM Times TBD	(23) Weights/Install 7-10:00 AM	(24) Off	(25) Off
(26) Off	(27) Install/7 on 7 5:30-7:00 Weights/Install 7-10:00 AM	(28) Weights/Install 7-10:00 AM	(29) Weights/Install 7-10:00 AM	(30) Team Builder-Gowen Field (National Guard) Departure and return times TBD	(31) Off	(1) Off

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AUGUST 2026						
SUN.	MON.	TUE.	WED.	THUR.	FRI.	SAT.
(2) Off	(3) IHSAA No Contact Period - No practice or weight room! Tub	(4) IHSAA No Contact Period - No practice or weight room!	(5) IHSAA No Contact Period - No practice or weight room!	(6) IHSAA No Contact Period - No practice or weight room!	(7) IHSAA No Contact Period - No practice or weight room!	(8) IHSAA No Contact Period - No practice or weight room!
(9) IHSAA No Contact Period - No practice or weight room!	(10) Official Practice Begins/ Doubles 5:50 -7:20 AM and 3:15-5:45 PM *Meeting Times TBD	(11) Doubles 5:50 -7:20 AM and 3:15-5:45 PM *Meeting Times TBD *Weight Room TBD	(12) 1st Day School Doubles 5:50 -7:20 AM and 3:15-5:00 PM *All coaches mtg. 5:00 PM Parent mtg. 6:00 PM	(13) Doubles 5:50 -7:20 AM and 3:15-5:45 PM *Meeting Times TBD *Weight Room TBD	(14) Practice 3:15-5:45 PM *Meeting Times TBD	(15) 10:00-12:00 Black/White Scrimmage/ New Grizzly introductions Parents Night Out
(16) Off	(17) Practice/Film TBD	(18) Practice/Film TBD	(19) Practice/Film TBD	(20) Practice/Film TBD	(21) Jamborees: V Home 4:30 PM FR @ Middleton 4:30 JV @ Middleton 7:00	(22) Team Photos -AM Times TBD
(23) Off	(24) Practice/Film TBD	(25) Practice/Film TBD	(26) Practice/Film TBD	(27) V Practice 3:45-6:00 JV vs. Owyhee 6:00 FR @ Owyhee 6:00	(28) FR/JV TBD V Walk through and stickers TBA Varsity Game vs. 7:00 @ Owyhee	(29)

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## September 2026

(30) Off	(31) <b>Labor Day-No School</b>  4:30 Film 5:45-7:45 PM Practice	(1) Practice/Film TBD	(2) Practice/Film TBD	(3) V Practice 3:45-6:00 <b>JV @ Mt. View</b> FR TBD	(4) FR/JV TBD  <b>Varsity Game Northwest Showdown 7:00 vs. Puyallup</b>	(5)
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